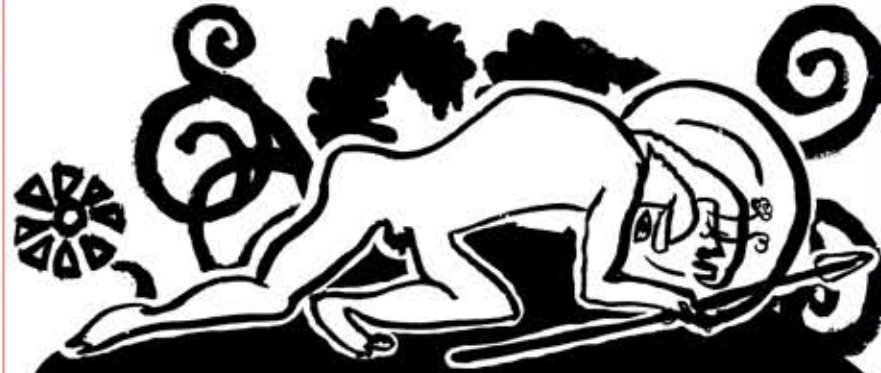


Drums, bass, guitars on 1, 8 and 11 recorded by Joel Hamilton at Studio C, Brooklyn, July 1-2 2006.
 • Guitars, vocals, cello, percussion, Farfisa organ recorded by Jason Caddell at Inner Ear, Washington DC, July 8-9 and 29-31, 2006 • Baritone guitar, 12-string guitar, guitars on 5, 10 and 12, backup vocals on 9 and 11 recorded by Charles Bissell at The Wrens' House, New Jersey, Jul 24-25 and Sept 18, 2006. • Baritone sax, Hammond organ, trombone, violin recorded by Chris Brown at The Cathouse, Brooklyn, July 26 2006. • Trumpet, samples, acoustic guitar, synthesizers on 3, 5, 8 and 11, backup vocals on 9 and 12 recorded by Matt LeMay at A Question of Frequency, New York, July-December 2006. • Synthesizers on 1, 2, 3 and 4 recorded by Raf Spielman at the Inner Ear Lounge, Washington DC, July 29-31 2006. • Synthesizers on 12 and 13, melodica on 10 recorded by Raf Spielman at Ape's Cave, Portland OR, July 2006. • Piano recorded by Chad Clark and Jason Caddell at Silver Sonya, Washington DC, August 30 2006.

1, 2, 3, 4, 6, 8, 10, 11 and 13 mixed by Chad Clark at Silver Sonya, Washington DC, August 1-3 and 29-31 and November 27 2006. • 3, 6 and 10 remixed by TJ Lippel at Silver Sonya, Washington DC, September 19-20 2006. • 7 mixed by TJ Lippel at Silver Sonya, Washington DC, September 19 2006. • 5, 9 and 12 mixed by Matt LeMay at A Question of Frequency, New York, September 2006-January 2007.

Mastered by TJ Lippel at Silver Sonya, Washington DC, January-February 2007.



Matt LeMay
 Vocals, Vocoder, Guitar, Baritone
 Guitar, 12-String
 Guitar, Acoustic
 Guitar, Piano,
 Synthesizers,
 Samples,
 Percussion

Joe Posner
 Bass Guitar, Vocals

Jason Sigal
 Guitar, Vocals

Raf Spielman
 Synthesizers, Farfisa Organ,
 Melodica

Jeff Wood
 Drums, Percussion, Vocals

with...

Charles Bissell - 12-String Guitar on 6

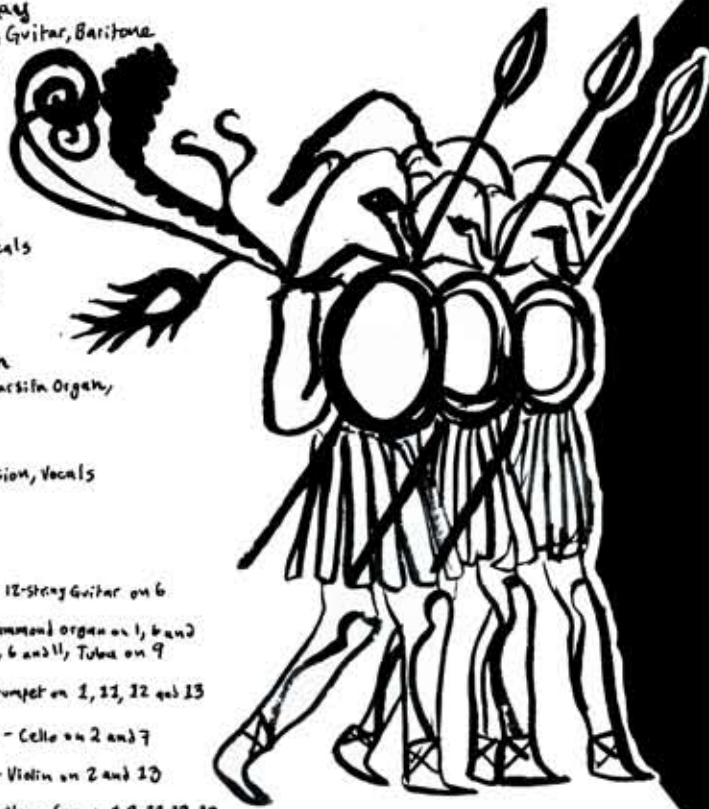
Chris Brown - Hammond organ on 1, band
 13, Trombone on 1, 6 and 11, Tuba on 9

Zach Condon - Trumpet on 1, 11, 12 and 13

Amy Domingues - Cello on 2 and 7

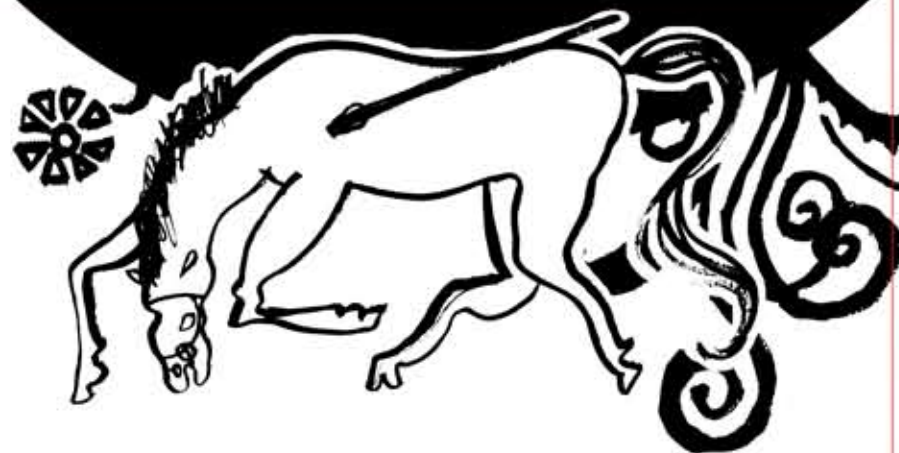
Kristin Ferebee - Violin on 2 and 10

Jon Natchez - Baritone Sax on 1, 9, 11, 12, 13



ABOON
 get him eat him

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THANK YOU

Our Friends and Families, Kevin Sparks, Jason Caddell, Chad Clark, TJ Lippel, Joel Hamilton, Tony Maimone, Charles Bissell, Chris Brown, Zach Condon, Kristin Ferebee, Jon Natchez, Amy Domingues, Marc Goodman, Yale Yng-Wong, Don Zientara, The Evens, Nick Anderson, Michelle Higa & Mixtape Club, Beirut, The Wrens, Oxford Collapse, Cory Brown and Everyone at Absolutely Kosher, Jay Pellicci, Sage Rockermann and Jim McNamee, Jen Turner, David Hulme & The Pine Club, Candice Jones, Evangelicals, Curtains, Depraved Fangirls, Lisa Moran, Ryan Schreiber, Amy Phillips, Ryan Craven, Ryan Catbirdseat, Carrie Klein, JJ Flores, Jeanette Javore, Cat Forrester, Jason Li, Ellen Chu, Katrina Lencsek-Inagaki, Cindy Gorn, Ed Huff, Pia Blumenthal and Michelle Kliman, Lucy Ross, Eliza Sohn, Arya Imig, Frames of Reference, Cinemechanica, We Vs. The Shark, Frames of Reference, Broken Social Scene, Vic Thrill & The Saturn Missile, Xiu Xiu, Dan Ruccia, Ned Norland, Bagel Radio, WPRB, BSR, WMBR, Jackpot Records, The Rules of the Road.

 Sculptures by Jeff Wood • Drawings by Raf Spielman • Photography by Joe Posner
 Package Design by Joe Posner, Matt LeMay • CD Face Design by Jason Li

CMYK

arms down

about get him eat him



about get him eat him

arms down



2 x 2
 diminutive
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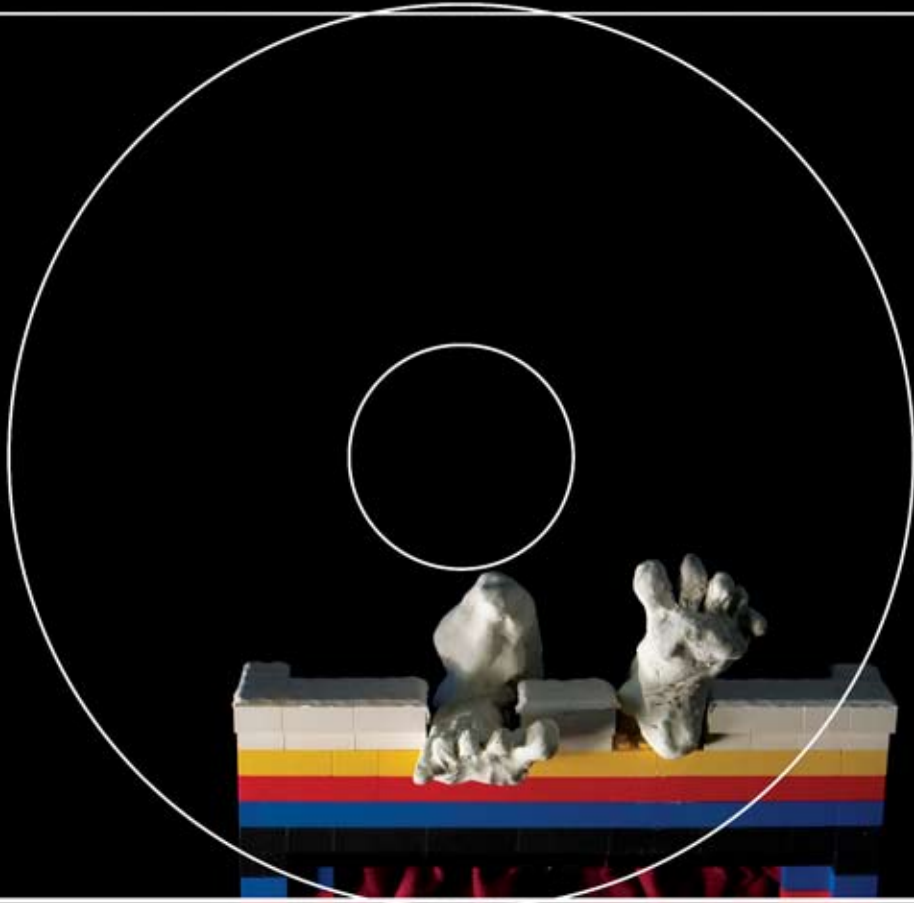
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Hand and Foot